

# Arts and Science College Bhalod

## Taluka-Yawal, Dist- Jalgaon

### Best Practice 2020-21

**Title of the Practice-:** “Service to Man, Not Me But You”

**Objectives of the Practice-:**

- i. To create awareness about Covid-19.
- ii. To acquaint the rural folk with the protective measures for Covid-19.
- iii. To help the society to face the pandemic.
- iv. To minimize casualties due to the infection.

**The Context-:**

The practice was voluntary and spontaneous. It was decided against the backdrop of Covid-19 pandemic. The unexpected calamity left the society perplexed. The rural folk were unaware about the causes and the preventive measures for disease.

**The Practice-:**

The NSS volunteers cutting across the barriers of caste, creed, social and financial status helped the rural folk to prevent the infection. The volunteers designed digital banners emphasizing preventive measures and posted them in various WhatsApp groups. They also put placard in front of their houses urging people to keep safe distance, wash hands frequently, and come out of house if it is absolutely necessary. Some volunteers also stitched masks and distributed them among the villagers. The volunteers also explained the importance of wearing mask. They also distributed sanitisers to the villagers. Our NSS volunteer Punam Thombare distributed masks and narrated the measures to prevent Covid-19 at the tribal settlement Dongarade in Yawal tahesil of Jalgaon district. She also helped the Primary Health Centre, Bhalod workers at Dongarade.

**Evidences of Success-:**

The PMO and the CMO have tagged the photograph of her service on their twitter handle.

**Problems Encountered and Resources Required-:**

During the initial stage of the pandemic, the problem of face to face encouragement to the volunteers was faced. But WhatsApp messaging, video calling etc. were used to overcome the problem.

Video link

<https://www.youtube.com/watch?v=1YXwBXhRFpU>



 **राष्ट्रीय सेवा योजना**  
कला व विज्ञान महाविद्यालय,  
भालोद.



**Protect** yourself and others against  
**COVID-19**

1. Cover your coughs or sneezes with tissues or your elbow.



2. Put your used tissue in the rubbish bin or in a plastic bag .

3. Wash and dry your hands often, especially after coughing or sneezing, use soap or hand sanitizer.



4. Stay away from others if you're unwell.



# राष्ट्रीय सेवा योजना

कला व विज्ञान महाविद्यालय ,



भालोद .

## SHOULD YOU WEAR A MASK ?

- ✓ yes. If you have a respiratory symptoms - cough , difficulty breathing.
- ✓ yes. If you are providing care to individuals with respiratory symptoms .
- ✓ yes. If you are a health worker and attending to individuals with respiratory symptoms.
- X not. needed for general public who do not have respiratory symptoms .



# राष्ट्रीय सेवा योजना



कला व विज्ञान महाविद्यालय, भालोद जि.जळगाव

## Isolation

Isolation separates sick people with a contagious disease from people who are not sick.

Isolation is for people who are already sick.

## Quarantine

Quarantine separates and restricts the movement of people who were exposed to a contagious disease to find out if they become sick.

Quarantine is for people who are not sick but may have been exposed.

VS





# Maharashtra Goa NSS

140 Tweets



10 Following 129 Followers

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Tweets & replies

Media

Likes



**Maharashtra Goa NSS** @Maha... · Now ∨  
 NSS volunteers of Virangaon College distributed face mask and food to the labour in the villege which includes 3 times food. @PMOIndia @\_NSSIndia @CMOMaharashtra @RijijuOffice @YASMinistry



**Maharashtra Goa NSS** @Mahar... · 55s ∨  
 NSS volunteers Punam Thombare & Harshali Koli helped Health Workers (Aarogya Sevak) from PHC, Bhalod at Dongarade (Tribal Settlement) to create awareness about Corona. They also distributed masks to the tribals. @PMOIndia @\_NSSIndia @CMOMaharashtra @RijijuOffice @YASMinistry

